

0020 32 OCT 15 1999

Office of Special Nutritionals
HFS-450
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW
Washington DC 20204

Statement of Nutritional Support – BILBERRY EXTRACT

Pursuant to 21 CFR Part 101.93, American Specialty Health and Wellness (ASHW) files the following Statement of Nutritional Support for the Dietary Supplement marketed as BILBERRY EXTRACT

1) Name and Address of Distributor: ASHW 8989 Rio San Diego Drive, Suite 250, San Diego, CA 92108.

2) Text of Nutritional Support Statement being made:
"Bilberry contains antioxidant compounds called anthocyanosides that protect small blood capillaries. Science shows that Bilberry supports the health of the eyes, circulatory system and supports healthy blood sugar levels."

3) Name of dietary ingredient: See attached product label.

4) Brand Name: BILBERRY EXTRACT

5) Substantiation information on file at the company office. The corporate officer who can certify same is Dr. Doug Metz, Sr. Vice President.

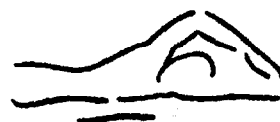
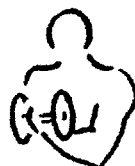
Yours truly,

A handwritten signature in cursive script, appearing to read "Doug Metz".

Dr. Doug Metz
Sr. Vice President

97S-0162

67381
LET 4479



Directions For Use: Take 1 capsule, three times daily with water at mealtime.

Storage: Keep tightly closed in a cool, dry place.

Caution/Warning: As with any supplement, herb or medication, do not use it while pregnant or lactating, or provide it to a child without consulting a physician. Persons with diabetes should consult their physician prior to use of this product. Do not use high doses over long periods of time.

Note: This product is regulated by the FDA as a dietary supplement. If you have any questions about how you feel while taking this supplement, contact your physician. If you are taking any medication, have any disease or illness, consult your physician before taking this product. Do not stop or change prescribed medication without the permission or prescription of your physician.

DISTRIBUTED BY AMERICAN SPECIALTY™ HEALTH & WELLNESS,
PO BOX 509040, SAN DIEGO, CA 92150-9040

www.buyhealthy.com

Item # 40122

1999 R/O

BILBERRY EXTRACT

DIETARY SUPPLEMENT



90 CAPSULES

Premium Products for Your Health & Wellness

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 90

Amount Per Serving:		%Daily Value
Total Carbohydrate	1 g.	<1%†
Elderberry (Sambucus nigra berry)	125 mg.	*
Bilberry, dried extract (Vaccinium myrtillus berry), 25% anthocyanins	80 mg.	*

*Daily Value not established.

†Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Millet, Gelatin.

Double safety sealed with a printed outer shrink-wrap film and a printed inner bottle freshness seal. Do not use if either seal is broken or missing.